List of Resources for Pregnant/Parenting Students at Duke University

Created by DukeReach, Spring 2016 / Last updated Fall 2017
Please email DukeReach at dukereach@duke.edu if you know of additional resources that may be helpful for this list.

Duke Resources:

- Assistance with finding child care; tips on how to find child care
- On-site Child Care at Duke – Duke faculty, staff and graduate students have two options for on-site childcare at Duke: the Duke Children’s Campus and The Little School at Duke.

Lactation Rooms
- Location and how to access: https://hr.duke.edu/benefits/family-friendly/newborn-prenatal/lactation-rooms

Financial Aid Office, financialaid.duke.edu (for undergraduates)
- Graduate/Professional students: Each Grad/Prof school has its own Financial Aid office, with contact information available on the school’s website.
- The Graduate School has a child care subsidy for Graduate School students: https://gradschool.duke.edu/financial-support/child-care-subsidy

International House (for international students)
- I-House has resources for partners of students and student parents; see their website: https://studentaffairs.duke.edu/ihouse/international-spouses-partners
- Contact I-House with questions: 919-684-3585

Community Resources:

North Carolina Division of Social Services, Pregnancy Services: http://www.ncdhhs.gov/assistance/pregnancy-services/pregnancy-services

Every Woman Southeast: http://everywomansoutheast.org/partners/north-carolina

Maternal Care Coordination / “Baby Love” program (information on home visits for newborn health assessment, etc.): http://dma.ncdhhs.gov/providers/programs-services/family-planning-and-maternity/maternal-support-services
Nido (coworking space with on-site childcare): http://www.nidodurham.com/

Outside the Mom Box: Life coaching in Durham (including free events) on becoming more confident and directed towards one’s passion: http://www.outsidethemombox.com/


Facebook: SoDu Parents Posse (closed group; message for membership)

Perhaps also of interest:
https://blogs.fuqua.duke.edu/duke-mba/2015/11/12/abby-van-de-bogert/being-a-parent-while-completing-an-mba?category=student-life#.VrNWq2TF8YQ

For Fuqua students: