FINDING a DOCTOR for Non-Students

THIS HANDOUT IS FOR ALL INTERNATIONAL SPOUSES, INTERNATIONAL SCHOLARS AND INTERNATIONAL CHILDREN!

All Duke Students’ basic health care needs are provided by the Duke Student Health Center. The annual Student Health Fee covers these services. This is the good news. Unfortunately, the Student Health Fee DOES NOT cover health care for a student’s family OR for a scholar and their family.

Health Care in the USA is very expensive and quite different from other countries! The US has a pay-for-services system. This means that an individual is responsible for one’s own health care costs. Without insurance, an office visit to see a doctor for a minor illness can cost anywhere between $100-$200; pregnancy and delivery care can cost at least $16,000; an appendectomy with 2 nights in the hospital can cost at least $13,000. This is why you must purchase health insurance! And Health Insurance is required for all J-1 and J-2 Visa Holders.

□ Health Insurance for Dependent Visa Holders

F-2 dependents: Sign up for the Duke Student Health Insurance Family Plan
J-2 dependents of Students: Required enrollment in the Duke Student Health Insurance Family Plan
J-2 dependents of Duke Employees: Sign up for a Duke Employee Health Insurance Plan
J-2 dependents of visitors who are not a Duke Employee: Required enrollment in the Garnett-Powers Insurance Plan
H-4 visa holder: Sign up for a Duke Employee Health Insurance Plan

□ Duke Urgent Care

If you become ill (cold/flu) or have minor injuries (that are not life threatening), go to Duke Urgent Care – no appointment is necessary! Visiting an Urgent Care facility costs much less than visiting the Emergency Room, which will cost you at least $1000.

What services do Urgent Care facilities provide?

They provide diagnosis, treatment and management of urgent medical conditions and minor trauma when a patient's primary care physician is unavailable. If you do not drive, you will have to take a taxi or ask a friend to drive you. See our Taxi handout. For more information go to: http://www.dukehealth.org/services/urgent_care/locations

Durham Locations
Duke Urgent Care Croasdaile 1821 Hillandale Road, Suite 24A TEL. 919.383.4355 Hours: Everyday 8am-8pm
Duke Urgent Care South 5716 Fayetteville Road TEL. 919.572.1868 Hours: Everyday 7am-10pm

Chapel Hill Locations
FastMed Urgent Care of Chapel Hill 1407 E. Franklin Street, 27514 TEL. 919.550.0821 Hours: Monday-Friday 8am-8pm | Saturday and Sunday 8am-4pm

□ How to find a doctor for you or your family?

It may take several weeks or more to see a doctor for the first time. It is wise to schedule a basic checkup for you, your spouse and/or children with a doctor soon after you arrive to Durham.

1. Call the Patient Referral Center @ 919.416.3853
2. Ask for Basic/General Check-up appointment. Tell them you are new to the country and don’t have a primary care physician (doctor) yet. They will ask for your address and find a doctor who can take new patients.

For a List of all Duke Doctors & Clinics, go to: www.dukehealth.org

□ Clinics affiliated with Duke University Medical Center (For both children and adults)

Duke Family Medicine Center. (Durham) -- Within walking distance from Duke Campus
Location: Marshall Pickens Building 2100 Erwin Road, on the corner of Trent Drive. TEL. 919.684.6721
Website: http://www.dukehealth.org/locations/duke_family_medicine

Duke Primary Care Timberlyne. (Chapel Hill)
110 Timberlyne Place, off of Weaver Dairy Road in Chapel Hill. TEL. 919.942.8500
Website: http://www.dukehealth.org/locations/duke_primary_care_timberlyne/locations_details

□ Dental and Eye

Dental and regular eye check-ups are not included in many basic insurance policies. A visit to the Dentist for cleaning will cost at least $150. A major dental problem will be much more costly. For information about dental care, see the International House handout, Finding a Dentist. An eye check-up will cost at least $80. In addition, patients must pay for prescription glasses. See the International House handout, Eye Exams and Glasses.