Health recommendations for travel to some destinations are similar to vaccination and health recommendations for the U.S. Therefore, Travel Clinic appointments are not needed for the following destinations:

- Canada
- Australia
- New Zealand
- Japan (unless rural/adventure travel is planned)
- Iceland
- Caribbean Islands (except Great Exuma Bahama, Haiti and the Dominican Republic)
- Countries in Western Europe, including:
  - Austria
  - Belgium
  - British Isles (England, Ireland, Scotland, Wales)
  - Denmark
  - France
  - Finland
  - Holland/Netherlands
  - Germany
  - Liechtenstein
  - Luxemburg
  - Monaco
  - Norway
  - Sweden
  - Switzerland