CASE: STUDENT A’s residence hall room smoke detector was found covered with a bag and tape. An ashtray and packages of cigarettes were also found in the room. Potential violation: Fire Safety; Smoking
Finding: Responsible
Sanctions: Disciplinary probation for the remainder of his academic career; revocation of housing license for the remainder of the 2009-2010 academic year; trespassed from the residence hall quad; monthly written reflection papers through the end of the 2009-2010 academic year.

CASE: STUDENT B was issued a citation by Alcohol Law Enforcement for providing alcohol to an underage student. Potential violation: Alcohol Policy – Unsafe/Irresponsible Behavior
Finding: Responsible
Sanctions: Disciplinary probation for the remainder of her academic career; purchase of a half-page article in the Duke Chronicle bulletin board design outside the Office of Student Conduct.

CASE: STUDENT C presented false information on his resume. Potential violations: Academic Dishonesty, namely Lying; Falsification/Fraud
Finding: Responsible
Sanctions: One semester suspension; disciplinary probation for the remainder of his academic career; educational programming initiative with the Career Center.

CASE: STUDENT D was arrested for driving while impaired, speeding, and driving after consuming alcohol and being less than 21 years of age. Potential violations: Alcohol Policy – Underage Possession/Consumption; Alcohol Policy – Community Expectations Violation.
Finding: Responsible
Sanctions: Disciplinary probation for the remainder of her academic career; production of an educational film on alcohol use and impairment of judgment; community service; exclusion from Joe College Day and LDOC; substance abuse counseling; written apology to the passengers in her car.

Healthy Coping Mechanisms for the Duke Student
This time of year can be particularly stressful for students. Here are 25 recommendations on how to handle pressure and anxiety at any time of the academic year.

1. Join a religious group on campus
2. Exercise individually at the gym
3. Join a study group
4. Join a sports team
5. Attend free group fitness classes at the gym
6. Allot time to a hobby each week
7. Get a massage at the Oasis
8. Make an appointment with CAPS even if it seems unnecessary
9. Keep a journal
10. Attend a stress management workshop
11. Listen to music
12. Get a tutor
13. Attend an event on campus of interest
14. Go to peer advising
15. Spend a night out with friends
16. Attend a Nutrition Workshop
17. Talk to close family/loved ones
18. Seek out his/her Resident Assistant
19. Join a club of interest
20. Make a schedule/plan at the Academic Resource Center
21. Meditation
22. Attend Personal Growth Services
23. Personal Time
24. Blog
25. Sauna